



**GETSUHAKU**

**ASIA**

**FRONT STREET, BENTON**















**ALLERGEN MENU**

# ALLERGEN MENU















This guide lists what allergenic ingredients are contained in each of our dishes. The guide also shows whether or not each dish is suitable for vegetarian or vegan customers. We work closely with our suppliers and chefs to ensure that our information is correct. Therefore we ask that you inform your waiter before ordering if you have any specific dietary requirements.

Our recipe information is frequently updated so please check each time you visit to ensure you have the most up to date information on our dishes. Whilst we take every care with your meal we cannot guarantee a 100% allergen free environment nor can we guarantee against the processes used by our suppliers or products as our dishes are prepared in areas where other allergens are present.















 Vegetarian  Vegetarian Option  Vegan  Vegan Option

PRODUCT														
ALLERGEN	VEGETARIAN / VEGAN	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE	CELERY
<b>ASIAN BITES</b>														
CRISPY AROMATIC DUCK		✓									✓	✓		
SPICY LAMB SKEWERS		✓		✓		✓	✓		✓		✓	✓		
EDAMAME BEANS	VG										✓			
XL KING PRAWN TOAST		✓	✓								✓	✓		
CHICKEN SATAY SKEWER		✓	✓		✓				✓	✓	✓	✓		
ASIAN PORK RIBS (BBQ)		✓			✓						✓	✓	✓	✓
ASIAN PORK RIBS		✓									✓	✓	✓	
BEEF FILLET YAO		✓	✓		✓					✓		✓		
SALT & CHILLI CHICKEN		✓		✓							✓	✓	✓	
SALT & CHILLI SQUID		✓		✓	✓		✓				✓	✓	✓	
SALT & CHILLI PRAWN		✓	✓	✓	✓						✓	✓	✓	
SALT & CHILLI TOFU	VG	✓									✓	✓	✓	
GEISHA WINGS		✓		✓	✓						✓			✓
GEISHA WINGS (GOCHUJANG)		✓		✓	✓						✓	✓	✓	
PORK BELLY		✓		✓		✓					✓	✓	✓	
HAGOW		✓	✓		✓						✓	✓		
SUMAI		✓	✓	✓			✓				✓	✓		
GYOZA	VG	✓									✓	✓		

ALL FOOD IS PREPARED IN KITCHENS WHERE NUTS, GLUTEN AND OTHER ALLERGENS COULD BE PRESENT. WE CANNOT INCLUDE ALL INGREDIENTS IN OUR MENU DESCRIPTIONS, SO WE HAVE PRODUCED THE TABLE ABOVE TO HELP YOU IDENTIFY THE ALLERGENS PRESENT IN EACH DISH. IF YOU HAVE A FOOD ALLERGY PLEASE LET US KNOW BEFORE ORDERING.















PRODUCT														
ALLERGEN	VEGETARIAN / VEGAN	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE	CELERY
DUCK GYOZA		✓			✓		✓				✓	✓		
JUMBO SPRING ROLLS	VG	✓				✓					✓	✓		
GEISHA SHARING PLATTER		✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓
<b>RAMEN &amp; NOODLE DISHES</b>														
CHILLI BEEF RAMEN		✓		✓							✓	✓		
MISO GYOZA RAMEN	V	✓		✓							✓	✓		
TOMYUM RAMEN		✓	✓	✓	✓							✓		
SINGAPORE VERMICELLI		✓	✓	✓	✓			✓			✓	✓		✓
SINGAPORE VERMICELLI (VEGAN)	VG	✓						✓			✓	✓		✓
PAD THAI NOODLES		✓	✓	✓	✓				✓	✓		✓		
- PRAWN		✓	✓	✓	✓		✓		✓	✓		✓		
- CHICKEN		✓	✓	✓	✓		✓		✓	✓		✓		
- VEGETABLE		✓		✓	✓		✓		✓	✓		✓		
GEISHA CRISPY NOODLES		✓	✓	✓	✓						✓	✓	✓	
GEISHA CRISPY NOODLES (V)	V	✓		✓							✓	✓	✓	
CHOW MEIN														
- VEGETABLES	VG	✓		✓								✓	✓	
- CHICKEN		✓		✓								✓	✓	

ALL FOOD IS PREPARED IN KITCHENS WHERE NUTS, GLUTEN AND OTHER ALLERGENS COULD BE PRESENT. WE CANNOT INCLUDE ALL INGREDIENTS IN OUR MENU DESCRIPTIONS, SO WE HAVE PRODUCED THE TABLE ABOVE TO HELP YOU IDENTIFY THE ALLERGENS PRESENT IN EACH DISH. IF YOU HAVE A FOOD ALLERGY PLEASE LET US KNOW BEFORE ORDERING.















PRODUCT														
ALLERGEN	VEGETARIAN / VEGAN	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE	CELERY
- BEEF		✓		✓								✓	✓	
- PRAWN		✓	✓	✓	✓		✓					✓	✓	
<b>CURRY &amp; RICE DISHES</b>														
THAI RED/GREEN CURRY			✓		✓		✓							
- SEAFOOD			✓		✓		✓							
- CHICKEN			✓		✓		✓							
- VEGETABLE			✓				✓							
MASSAMAN CURRY														
- VEGETABLE			✓				✓		✓	✓				
- CHICKEN			✓		✓		✓		✓	✓				
- SEAFOOD			✓		✓		✓		✓	✓				
RENDANG MALAYSIAN CURRY														
- VEGETABLE		✓	✓						✓			✓		
- CHICKEN		✓	✓						✓			✓		
- BEEF		✓	✓						✓			✓		
- PRAWN		✓	✓		✓		✓		✓			✓		
JAPANESE CHICKEN KATSU		✓		✓				✓					✓	
JAPANESE PORK KATSU		✓		✓				✓					✓	

ALL FOOD IS PREPARED IN KITCHENS WHERE NUTS, GLUTEN AND OTHER ALLERGENS COULD BE PRESENT. WE CANNOT INCLUDE ALL INGREDIENTS IN OUR MENU DESCRIPTIONS, SO WE HAVE PRODUCED THE TABLE ABOVE TO HELP YOU IDENTIFY THE ALLERGENS PRESENT IN EACH DISH. IF YOU HAVE A FOOD ALLERGY PLEASE LET US KNOW BEFORE ORDERING.

















PRODUCT														
ALLERGEN	VEGETARIAN / VEGAN	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE	CELERY
<b>ROBATA GRILL &amp; SIZZLING</b>														
BLK MISO SALMON SKEWERS		✓			✓						✓	✓	✓	
SIRLOIN BEEF KUSHIYAKI		✓									✓	✓		
BUTANIKU RIBS		✓									✓	✓		
SIZZLING BEEF TEPPAN		✓			✓						✓	✓	✓	✓
SIZZLING LAMB TEPPAN		✓			✓						✓	✓	✓	✓
<b>BURGERS</b>														
JAPANESE WAGYU BURGER		✓		✓		✓		✓			✓	✓	✓	✓
CHICKEN KATSU BURGER		✓		✓		✓	✓	✓			✓	✓	✓	✓
<b>SIDE DISHES</b>														
STIR FRIED VEG (OYSTER SAUCE)		✓					✓							
STIR FRIED VEG (GARLIC & GINGER)	VG													
TRUFFLE FRIES	V			✓										
SALT & CHILLI FRIES	VG	✓									✓	✓		
PLAIN FRIES	VG												✓	
WASABI FRIES	V	✓	✓	✓		✓		✓			✓	✓		✓
EGG FRIED RICE	V	✓		✓								✓		

ALL FOOD IS PREPARED IN KITCHENS WHERE NUTS, GLUTEN AND OTHER ALLERGENS COULD BE PRESENT. WE CANNOT INCLUDE ALL INGREDIENTS IN OUR MENU DESCRIPTIONS, SO WE HAVE PRODUCED THE TABLE ABOVE TO HELP YOU IDENTIFY THE ALLERGENS PRESENT IN EACH DISH. IF YOU HAVE A FOOD ALLERGY PLEASE LET US KNOW BEFORE ORDERING.















PRODUCT														
ALLERGEN	VEGETARIAN / VEGAN	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE	CELERY
COCONUT RICE	VG													
BOILED RICE	VG													
STICKY RICE											✓			
SOFT NOODLES	V	✓		✓								✓		
CHICKEN LOADED FRIES		✓				✓					✓	✓	✓	
DUCK LOADED FRIES		✓				✓					✓	✓	✓	
SAUCE - SATAY SAUCE		✓	✓		✓				✓	✓		✓	✓	
SAUCE - KATSU CURRY	VG	✓						✓					✓	✓
SAUCE - THAI CURRY	VGO		✓		✓		✓						✓	
SAUCE - SZECHUAN		✓	✓		✓		✓				✓	✓		✓
<b>DESSERTS</b>														
MOCHI	VGO					✓			✓	✓	✓	✓		
MACRON CHEESECAKE		✓		✓		✓			✓	✓				
BLACK PROFITEROL	V	✓		✓		✓						✓		
COCONUT PROFITEROL	V	✓		✓		✓								

ALL FOOD IS PREPARED IN KITCHENS WHERE NUTS, GLUTEN AND OTHER ALLERGENS COULD BE PRESENT. WE CANNOT INCLUDE ALL INGREDIENTS IN OUR MENU DESCRIPTIONS, SO WE HAVE PRODUCED THE TABLE ABOVE TO HELP YOU IDENTIFY THE ALLERGENS PRESENT IN EACH DISH. IF YOU HAVE A FOOD ALLERGY PLEASE LET US KNOW BEFORE ORDERING.



PRODUCT														
ALLERGEN	VEGETARIAN / VEGAN	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE	CELERY
<b>SUSHI</b>														
CRAB MAKI		✓	✓	✓	✓			✓			✓	✓		
GEISHA MAKI		✓		✓	✓	✓		✓				✓		
WASABI PRAWN MAKI		✓	✓	✓		✓		✓			✓	✓		
GARDEN MAKI	VG	✓						✓			✓	✓		
SALMON & AVOCADO MAKI		✓		✓	✓			✓				✓		
TERIYAKI PRAWN MAKI		✓	✓	✓				✓			✓	✓		
TERIYAKI BEEF MAKI		✓		✓				✓				✓		
SALMON HOSOMAKI		✓		✓	✓			✓				✓		
TUNA HOSOMAKI		✓		✓	✓			✓				✓		
YELLOW TAIL HOSOMAKI		✓		✓	✓			✓				✓		
PRAWN HOSOMAKI		✓	✓	✓				✓				✓		
GRILLED BEEF HOSOMAKI		✓		✓				✓				✓		
AVOCADO HOSOMAKI	V	✓		✓				✓				✓		
TOFU HOSOMAKI	VG	✓						✓				✓		
SALMON SASHIMI		✓			✓			✓				✓		
TUNA SASHIMI		✓			✓			✓				✓		
YELLOW TAIL SASHIMI		✓			✓			✓				✓		
SALMON NIGIRI		✓			✓			✓				✓		

ALL FOOD IS PREPARED IN KITCHENS WHERE NUTS, GLUTEN AND OTHER ALLERGENS COULD BE PRESENT. WE CANNOT INCLUDE ALL INGREDIENTS IN OUR MENU DESCRIPTIONS, SO WE HAVE PRODUCED THE TABLE ABOVE TO HELP YOU IDENTIFY THE ALLERGENS PRESENT IN EACH DISH. IF YOU HAVE A FOOD ALLERGY PLEASE LET US KNOW BEFORE ORDERING.

PRODUCT														
ALLERGEN	VEGETARIAN / VEGAN	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE	CELERY
TUNA NIGIRI		✓			✓			✓				✓		
YELLOW TAIL NIGIRI		✓			✓			✓				✓		
PRAWN NIGIRI		✓	✓	✓				✓				✓		
TERIYAKI BEEF NIGIRI		✓						✓				✓		
AVOCADO NIGIRI	VG	✓						✓				✓		
TOFU SKIN NIGIRI	VG	✓						✓				✓		
VEGGIE PLATTER	VG	✓						✓			✓	✓	✓	
SUSHI PLATTER		✓	✓	✓	✓	✓	✓	✓			✓	✓		
NIRU PLATTER		✓	✓	✓		✓		✓			✓	✓		

ALL FOOD IS PREPARED IN KITCHENS WHERE NUTS, GLUTEN AND OTHER ALLERGENS COULD BE PRESENT. WE CANNOT INCLUDE ALL INGREDIENTS IN OUR MENU DESCRIPTIONS, SO WE HAVE PRODUCED THE TABLE ABOVE TO HELP YOU IDENTIFY THE ALLERGENS PRESENT IN EACH DISH. IF YOU HAVE A FOOD ALLERGY PLEASE LET US KNOW BEFORE ORDERING.